

The Health Improvement Commission for Guernsey & Alderney LBG

JOB DESCRIPTION

Public Health Nutritionist / Dietician

Organisation: The Health Improvement Commission for Guernsey & Alderney LBG. The Commission is a newly-formed third sector organisation which has responsibility for delivering the Healthy Weight Strategy and the Drug and Alcohol Strategy.

Job Title: Public Health Nutritionist / Dietician. The post is full-time initially for a fixed term until 31st December 2022.

Reports to: Health Improvement Commission's Healthy Weight Strategy Lead

Liases with: The post holder will work closely with:

- The Health Improvement Commission's Healthy Weight Lead /Lead Strategy Officer
- The Health Improvement Commission's Chief Executive Officer
- The Health Improvement Commission's Education Lead
- Lead Dietician (HSC) and Weight Management Dietician (HSC – Seconded to Commission)
- Specialist Healthy Weight Nurse (HSC – Seconded to Commission)
- Health Intelligence Analyst (Health Improvement)
- Schools, early years settings & other public, private and third sector stakeholders

Hours: To work 37.5 hours per week, subject to negotiation.

Salary range: £32,469 to £35,090 per annum

Job Purpose: To develop and implement community projects to promote healthy eating in Guernsey and Alderney. In taking a whole system approach, the post holder will develop and deliver projects at Tiers 1 and 2 of the UK Obesity Care Pathway, focussing mainly on community-based prevention efforts at systems, policy, environmental and individual levels. The projects will involve work across the life course but largely focus on making healthy eating a norm and easier for children, young people and their families. The post will suit a confident individual who has a strong knowledge base in nutrition, experience in behaviour change or psychology and community nutrition intervention strategies. The Commission is particularly driven to involve the community in the development, delivery and evaluation of projects so the post holder will have excellent interpersonal skills to positively motivate, engage and empower a range of stakeholders (e.g., the public, commercial sector, educational settings, third sector) to achieve lasting change. The post holder will also support current and future community-based weight management interventions.

Closing Date: 17th January 2019

Contact: Applications (to include a covering letter and CV) should be emailed to Dr Simon Sebire. Informal enquires are welcomed and may be made to Dr Simon Sebire (simon.sebire@gov.gg, telephone 01481 233538).

Main Duties

1. Plan and lead community projects and interventions to improve healthy eating in Guernsey and Alderney.
2. To develop an understanding of the facilitators and barriers to healthy eating experienced in Guernsey and Alderney to identify ways to initiate and support change.
3. Engage positively and work with the public; children & young people, adults, parents/carers and grandparents, as well as local vendors and food suppliers to co-develop and deliver projects and resources which promote healthy eating and make it easier.
4. Ensure that healthy eating interventions are designed to take into account and reduce health inequalities.
5. Work alongside educational settings, their vendors and suppliers (e.g., early years settings, primary and secondary schools & tertiary education establishments) to support them to improve the food environment.
6. Work with 'out of home' eating settings to support positive and sustainable changes in environments with the aim to make healthy eating easier.
7. Support workplaces to develop and implement healthy eating approaches.
8. Be a source of consistent messaging and communication around food and community nutrition and lead on campaigns and awareness raising events related to healthy eating.
9. To maintain an up-to-date knowledge base of national and international developments in community-based nutrition interventions and to provide support founded on credible, evidence-based nutrition and behaviour change science.
10. Work in line with either the Association for Nutrition *Standards of Ethics, Conduct and Performance* and/or the HCPC *Standards of conduct, performance and ethics*.
11. Lead on building a social media profile in the area of healthy eating in the community
12. Manage a budget which supports the community projects.
13. To undertake any other appropriate duties that may be required by the Senior Management Team
14. To undertake such training as deemed necessary by the Senior Management Team
15. To work in accordance with Commission Policies, Procedures and Standards
16. To comply with the principles contained in the Data Protection (Bailiwick of Guernsey) Law 2018 concerning improper disclosure, misuse or breach of confidentiality in respect of information held on computer systems or otherwise

PERSON SPECIFICATION

Criteria	Essential	Desirable
Qualifications, education and training	<ol style="list-style-type: none"> 1. Degree in a related subject (e.g., Nutrition, Dietetics, Public Health Nutrition) 2. Training and working knowledge of healthy eating interventions (and their evaluation) 	<ol style="list-style-type: none"> 1. Postgraduate degree in a related subject 2. State Registered Dietician registered with HCPC or nutritionist registered with the UK voluntary Register of Nutritionists 3. Training and/or experience in applying behavioural science / behaviour change approaches
Experience	<ol style="list-style-type: none"> 1. Project management experience 2. Experience working with community stakeholders (public, commercial, education) to foster positive change in health-related behaviours 3. Valuing and understanding of evidence-based approaches to intervention 	<ol style="list-style-type: none"> 1. Working to reduce inequalities with regards to food / nutrition 2. Providing weight management services (Tier 2) 3. Experience presenting to a range of audiences or providing training 4. Working knowledge of social media 5. Membership of professional groups (e.g., BDA)
Skills and abilities	<ol style="list-style-type: none"> 1. Excellent writing, presentation and communication skills 2. Ability to collect, analyse and interpret data 3. Ability to inspire and motivate other people / organisations 4. Ability to plan, prioritise and organise own workload 5. Good working knowledge of Office applications (Word, Excel, PowerPoint) 6. Prepared to travel to meetings, events etc across Guernsey and Alderney 	<ol style="list-style-type: none"> 1. Use of social media in an organisational context (e.g., for health promotion)
Knowledge	<ol style="list-style-type: none"> 1. Up-to-date knowledge of healthy eating guidelines across the life course 2. Ability to understand scientific literature and apply research findings in context. 3. Knowledge of a range of behaviour change approaches 	<ol style="list-style-type: none"> 1. Marketing, design, creative media. 2. Research, evaluation and monitoring of projects interventions
Other	<ol style="list-style-type: none"> 1. Willingness to engage in training, conferences and professional development (on-island and elsewhere) 2. Willingness to work out of office hours occasionally 3. DBS check 	